

Crock Pot Beef



Ingredients

- 1 cup canned, crushed tomatoes
- ½ cup roasted bell peppers, canned,
and packed in water work great
- ¼ cup canned fire roasted green chiles
- 2 Tbsp SLOMIXX®
- ¼ teaspoon red pepper flakes
- 1 ½ lbs raw top sirloin beef
trimmed of excess fat.

Note: You can use a cheaper cut if you like and it will be just as tasty, you might have to extend the cooling time



Directions

Minimum size for crock pot should be 4 quarts

1. Mix all ingredients thoroughly in crock pot except beef
2. Add beef and stir to coat
3. Cover and cook on high 4 hours or low 8 hours until beef is cooked and tender
4. Transfer beef to large bowl and shred with 2 forks.
5. Return beef to pot and mix well.

Note: This meet is lovely on pasta, rice, potatoes, we normally put ours on salad greens.